Crimean-Congo Hemorrhagic Fever infection in domestic animals in Marmara region, Western Turkey

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Summary: Crimean-Congo hemorrhagic fever (CCHF) has been an important health issue in Turkey since the last decade. Although there is a well-described endemic area, the infection tends to disseminate into non-endemic areas. In the South Marmara region, a non-endemic area, serological and virological investigations were performed to evaluate the infection status in livestock animals. Among 508 blood samples collected from 5 different locations, 33.1% were positive for CCHF-neutralizing antibodies. The highest seroprevalence rate was detected in goats (66.0%), followed by sheep (31.8%) and cattle (13.0%) (p< 0.0001). There were extensive differences in seroprevalence rates in neighboring locations, i.e., 7.8% in Keles and 47.6% in the Orhaneli district of Bursa province. Using antigen-capture ELISA (Ag-ELISA) and real-time reverse transcription PCR (rt RT-PCR), 6.0% of the tested animals were found to be viremic at the time of sampling. Two samples that were negative by Ag-ELISA produced a positive signal in rt RT-PCR, indicating the higher sensitivity of the latter method for detecting viremic animals. The results of this study demonstrate the wide distribution of CCHF virus in some locations in a non-endemic area, which may lead to the generation of focal infectious areas.

Key words: Cattle, Crimean-Congo hemorrhagic fever, ELISA, real-time RT-PCR, sheep, Turkey.

Marmara bölgesindeki evcil hayvanlardaki Kırım-Kongo Kanamalı Ateşi enfeksiyonu

Özet: Kırım-Kongo kanamalı ateşi (KKA) son on yıllık süreç içerisinde Türkiye’de oldukça önemli bir sağlık problemi olarak gündeme yer almaktadır. Endemik bölge olarak tanımlanan alanlar dışında kalan non-endemik bölgelerde de enfeksiyonu yayılma eğiliminde olduğu görülmektedir. Bu çalışmada non-endemik bölge olarak tanımlanan Güney Marmara bölgesindeki çiftlik hayvanlarında enfeksiyon durumunu değerlendirilebilmek amacıyla serolojik ve virolojik araştırmalar yapılmıştır. Bu amaçla 5 farklı noktadan 508 adet kan örnek toplandı. Bu örneklerin %33,1’i KKA-nötralizan antikorları yörenin pozitif çıkmıştır. En yükseksereoprevalans değeri keçilenlerde (%66,0) sapanırken, bu değeri sırasıyla koyunlar (%31,8) ve sıçırlar (%13,0) izlemiştir (p<0,0001). Seroprevalans değerlerinde komşu bölgeler arasında büyük farklar olduğu görülmüştür. Orneğin; Keles’te %7,8 olan seroprevalans değeri Orhaneli’de %47,6 olan tespit edilmiştir. Antijen ELISA (Ag-ELISA) ve real-time reverse transcriptaz PCR (rt RT-PCR) kullanılarak test edilen hayvanların %6,6’sının örneklemeleri vsırasında viremi fazında olduğu tespit edilmiştir. Ag-ELISA ile negatif, rt RT-PCR ile pozitif sonuç veren iki örnek, ikinci metodun viremi fazındaki hayvanları saptamada daha duyarlı olduğunu göstermiştir. Bu çalışmamızın sonuçu KKA virusunun non-endemik bölgenin bazı noktalarında oldukça yaygın olduğunu ve bu noktaların enfeksiyon odağı olabileceğini göstermiştir.

Anahtar kelimeler: ELISA, Kırım-Kongo kanamalı ateşi, koyun, real-time RT-PCR, Sığır, Türkiye.

Introduction

Crimean-Congo hemorrhagic fever (CCHF) is an acute zoonotic infection caused by the CCHF virus, a member of the genus Nairovirus of the family Bunyaviridae. Serological investigations revealed that numerous wild and domestic vertebrates, including cattle, sheep and goats, are susceptible to the CCHF virus (19). Although high fever, malaise, severe headache, gastrointestinal symptoms, hemorrhage and a fatality rate of 5-50% are observed in infected humans, the virus generally produces no disease conditions in animal hosts. Animal species developing transient viremia and an antibody response to the CCHF virus are believed to serve as amplifying hosts for the agent. The virus is transmitted to humans mainly through the bite of an infected tick or by direct contact with the blood and tissues of infected animals or human patients (19).

The virus follows tick-vertebrate-tick cycles in nature. Because transovarial, transstadial and vertical transmission of the CCHF virus in ticks is possible (19),
ticks are classified as not only the vector but also a reservoir for the virus (5). *Hyalomma* ticks, particularly *H. marginatum*, are accepted as the main vector for the CCHF virus, although more than 30 tick species have been shown to be capable of transmitting the virus between vertebrate hosts (13, 19).

CCHF is endemic in some parts of Africa, Asia, the Middle East, and south-eastern Europe. Sporadic cases of CCHF have been reported from different parts of the world since the 1970s. Serological evidence for the presence of the infection in Turkey has long been reported (13), and the first clinical human cases were described in 2002 (WHO) (20). These first cases were from the middle Black Sea region of the country, which is endemic for the infection (16). Since 2003, an increasing number of human cases have been reported, with a fatality rate of approximately 5% (Turkish Ministry of Health). In the last decade, human cases have been reported from non-endemic areas, including the Marmara region in the northwest of the country (2). Although a detailed tick survey and virus detection in vector tick species have recently been performed in the region (22), there are insufficient data on CCHF virus vector tick species have recently been performed in the region (22), there are insufficient data on CCHF virus infection in animals in Turkey. Because seroepidemiological findings effectively contribute to the probable risk of human CCHF cases in non-endemic areas, in this study, we aimed to demonstrate the infection status of livestock in the South Marmara region of Turkey through serological and virological investigations.

**Materials and Methods**

*Study Area:* The study was carried out in five locations in the Southern Marmara region, which is located in the northwestern part of the country (Fig. 1). The region has a coastal zone on the Marmara Sea and the Aegean Sea. In general, the humidity in lower lands is high, ranging from 70-75%, whilst in high plateaus areas with poor water sources are present. The annual rainfall in the studied provinces varies between 455 mm (Bilecik) and 701 mm (Bursa). The annual extreme temperatures during the last 30 years were -18.8 °C (Balıkesir) and 43.8 °C (Bursa). The altitude of the study area varied between 200 m (Balıkesir province, 40°24′7″N 27°58′11″ E) and 1,050 m (Keles district of Bursa province, 39°54′45″N 29°11′44″E).

*Animals and Sampling:* Field studies were performed during the spring and summer seasons of 2008 and 2009 in 5 locations of the South Marmara region, western Turkey. Blood samples used for serology, antigen detection and RNA isolation were collected from a total of 508 animals, including 201 cattle, 160 sheep and 147 goats (Table 1). All of the examined animals were over 1 year old and presented no clinical disorder at the sampling time. Blood samples were collected from the jugular vein by venipuncture. The sera were separated by centrifugation at 1,800x g, heat inactivated at 56°C for 30 minutes in order to inactivate indigenous complement, and frozen at -80 °C until testing. Plasma obtained from non-clotted blood samples collected into EDTA-K$_2$ supplemented tubes was directly used for RNA isolation and antigen-capture ELISA.

*Virus and Cell Line:* The Vero E6 cell-adapted cytopathogenic CCHF virus strain Ank1/09 was used in the serological tests (10). Vero cells were grown in Dulbecco’s modified minimal essential medium (DMEM) supplemented with 10% fetal calf sera.

*Serological Examinations:* Antibodies against the CCHF virus were detected using serum neutralization assay performed in BSL-3 facility of virology laboratory, Refik Saydam National Public Health Agency (RSNPHA). Serum samples were diluted 1:2 in DMEM and mixed with an equal volume of 100 μl 100 TCID$_{50}$ dilution of the virus strain Ank1/09 in duplicate. After 1 hour of incubation in a 5% CO$_2$ atmosphere at 37°C, the serum-virus mixture was inoculated onto 1-day-old Vero E6 cell cultures prepared in 24-well plates. Infected plates were further incubated under the same conditions for 4 days before the virus-induced cytopathogenic effects were evaluated under an inverted light microscope. The complete inhibition of viral growth in the test wells was

<table>
<thead>
<tr>
<th>Locations</th>
<th>Antibody detection</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total*</td>
</tr>
<tr>
<td></td>
<td>n</td>
</tr>
<tr>
<td>1 Orhaneli-Keles</td>
<td>60</td>
</tr>
<tr>
<td>2 Keles-Bursa</td>
<td>42</td>
</tr>
<tr>
<td>3 Bursa</td>
<td>69</td>
</tr>
<tr>
<td>4 Balıkesir</td>
<td>244</td>
</tr>
<tr>
<td>5 Bilecik</td>
<td>93</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>508</td>
</tr>
</tbody>
</table>

* Some samples could not be tested due to insufficient volume or bacterial contamination

n : Number of animals sampled

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Table 1. Seroprevalence of Crimean-Congo haemorrhagic fever virus among tested animal species.

<table>
<thead>
<tr>
<th>Locations</th>
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</tr>
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<tbody>
<tr>
<td></td>
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<td>93</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>508</td>
</tr>
</tbody>
</table>

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* Some samples could not be tested due to insufficient volume or bacterial contamination

n : Number of animals sampled
evaluated as a positive result for CCHF virus antibodies. Serological results were statistically compared by Chi-square and Fisher’s exact tests using Instat software.

Antigen-capture ELISA: CCHF antigens were detected using antigen-capture ELISA. Non-clotted blood samples were centrifuged at 1,800x g at +4 °C for 10 minutes. The plasma fraction was collected and subjected to antigen-capture ELISA using a commercially available ELISA kit (Vecto Crimea-CHF-antigen, Vector Best, Russia) according to the manufacturer’s protocol.

Real-time RT-PCR: Viral RNA was isolated from plasma samples using a viral nucleic acid extraction kit (High Pure, Roche Diagnostics GmbH, Germany). The protocol was applied as indicated in the user’s manual. Viral RNA was dissolved in 30 μl of elution buffer and subjected to real-time reverse transcription PCR (rt RT-PCR) as previously described (21). The assay was performed with a Rotorgene 6000 (Corbett, Australia) thermo-cycler using a combination of Superscript III RT/Platinum Taq® Mix enzymes (Invitrogen, USA). The test conditions were as follows: 94°C for 10 s; 50 cycles of 94°C for 10 s, 60°C for 10 s, and 72 °C for 1 min; and a final elongation at 75°C for 5 min. Fluorescence detection was performed at the end of the annealing step in each cycle.

Results

Serological survey: Neutralizing antibodies against CCHF virus were detected in all of the screened locations and all 3 of the animal species tested (Table 1). On the regional basis, the highest antibody prevalence (47.6%) was found in Orhaneli, and the lowest (7.8%) was in the Keles district of Bursa province. There were significant differences among all of the locations, except between locations 1 and 4, 2 and 3, and 3 and 5. The average seroprevalence in tested animals was 33.1%. The highest antibody prevalence (66.0%) was detected in goats, followed by sheep (31.8%) and cattle (13.0%). The difference in seroprevalence values among the animal species was significant (p< 0.0001).

Table 2. Crimean-Congo haemorrhagic fever virus detection in tested animal species by antigen capture ELISA and rt RT-PCR.

<table>
<thead>
<tr>
<th>Location</th>
<th>Animal Species</th>
<th>Number of CCHF virus (+) samples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bilecik</td>
<td>Cattle</td>
<td>10</td>
</tr>
<tr>
<td>Orhaneli-Bursa</td>
<td>Goats</td>
<td>8</td>
</tr>
<tr>
<td>Keles-Bursa</td>
<td>Sheep</td>
<td>1</td>
</tr>
<tr>
<td>Bursa</td>
<td>Sheep</td>
<td>7</td>
</tr>
<tr>
<td>Balikesir</td>
<td>Sheep</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>34</td>
</tr>
</tbody>
</table>

Ag ELISA: Antigen capture ELISA
rt RT-PCR: Reverse transcription real time polymerase chain reaction

Figure 1. Studied locations of the South Marmara region in Turkey.

Şekil 1. Güney Marmara bölgesinde örnekleme çalışmalarının yürütüldüğü alanlar.
Viral antigen and RNA detection: A total of 32 animal blood samples were positive for CCHF viral antigens using antigen-capture ELISA. These results were confirmed using rt RT-PCR. Using rt RT-PCR, 2 blood samples that had negative ELISA results were found to be positive for CCHF viral RNA (Table 2). Therefore, the rate of animals that were positive for CCHF virus was 6.6% (34/508). Regarding animal species, the highest rate of viremic animals was detected in sheep (8.1%), followed by goats (5.4%) and cattle (4.9%). Differences among animal species were not statistically significant (p>0.05). The presence of the CCHF virus was also demonstrated in tick species collected from infected cattle, sheep and goats (data not shown).

Discussion and Conclusion

Crimean-Congo hemorrhagic fever virus infections have been reported in many countries from the Middle East, Africa, Asia and Europe. During the last decade, the presence of infections due to the CCHF virus has also been demonstrated in endemic regions in Turkey (8, 16, 23). The transmission of the infection into non-endemic areas of the country has been studied (4, 6). Incursion of the CCHF virus into the South Marmara region, a non-endemic area, was confirmed by existence of clinical human cases (2), and the presence of infection in tick species was demonstrated (22). There are insufficient data on animal infection with the CCHF virus in Turkey. Because the assessment of CCHF antibodies in livestock is one of the best indicators of CCHF risk for humans (3), the infection status of animals in the non-endemic area was investigated by serological and virological methods.

Serological studies conducted in a total of 508 sera revealed that 33.1% of the tested animals had been introduced to the infection. The highest seroprevalence rate was detected in goats (66.0%), followed by 31.8% and 13.0% in sheep and cattle, respectively. Statistically significant differences among the three ruminant species could be related to the susceptibility of animal species and the distribution of vector ticks. One possible reason for the lower prevalence of infection in cattle (13.0%) could be the low frequency of pasture usage of dairy cattle in the region; however, small ruminants are continuously in the pasture during the season. In accordance with our results, similar studies (7, 12, 14, 15, 18) confirmed that the CCHF antibody prevalence is generally higher in small ruminants than cattle. Although there are no similar data from Turkey to compare the results, very limited surveys were conducted in the endemic region. Reported seroprevalence of CCHF virus was 17% in cattle and 37% in sheep (9), and a high rate (79%) was reported in another study in cattle (17). Recently, Albayrak et al (1) reported an antibody prevalence of 66% in sheep and 85% in goats. Taken together, our results show that CCHF may have different epidemiological patterns in animals in endemic and non-endemic regions.

Different serological results have been reported in livestock animals in various countries, i.e., 57.7% in Niger (11), 39.3% in Iran (15), and 3.13% in Egypt (12). The overall seroprevalence rate of 33.1%, which is comparable to some previous studies (18), indicates that CCHF virus infection is moderately distributed throughout the studied population. The existence of extremely different infection rates among provinces in the same country was previously reported in Iran (3). In the present study, the highest (47.6%) and the lowest (7.8%) prevalence rates were observed in Keles and Orhaneli districts of Bursa province, which are closely neighboring towns. This situation may indicate the enormous effect of microclimate on the epidemiology of CCHF.

Using antigen-capture ELISA, 32 out of 508 animal blood samples were found to be positive for CCHFV antigens. An additional 2 samples were found to be positive by rt RT-PCR, indicating the superior sensitivity of this method to identify viremic animals. In our recent studies, the presence of the CCHF virus in 4 tick species (Rhipicephalus turanicus, R. bursa, H. marginatum, and D. marginatus) and 12.3% of the tested tick pools from the region was demonstrated (22). Taken together, the identification of 6.6% (34/508) of the tested animals as viremic suggests the active circulation of the virus in the South Marmara region, which is accepted as a non-endemic area. Despite this circulation, the low incidence of human cases in the region may be due to unidentified rural cases without death. Another possible reason is narrow infection foci in high-altitude locations, leading to minimum contact with city life, including a high-density human population.

In conclusion, the results of the present study that evaluated the seroprevalence rates of the CCHF virus in ruminant species in the South Marmara region of Turkey demonstrate that Crimean-Congo hemorrhagic fever infection can be widespread among sheep and goats in infected foci, even those located in non-endemic areas. Higher seroprevalence rates and viremia detected in livestock may lead to future endemicity in rural areas. Similar studies in other non-endemic areas and wild animals may be helpful to create an epidemiological risk map.

Acknowledgments

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